

# FREEDOM

The Path to Freedom program helps young people from CALD backgrounds with psychosocial disabilities join workshops, build skills, engage in community activities, and pursue career & financial goals, while supporting carers and families to connect with others and learn ways to better support their loved ones.



Journey towards participation, empowerment & personal growth.



### **Eligibility**

- Carer or Family Member of Young Person aged 11–21 years
- CALD Background
- Experiencing Mental Health and/or Psychosocial Disability
- Residing in the Liverpool, Blacktown or Campbelltown LGA

### Scan here to register



# FREEDOMAP ROAD MAP

Funded by the Australian Government Department of Social Services

01

### **Onboarding**

Young Person and their families are onboarded on to the program.

**Co-Design Session** 

02

3.2

04

Co-design activities that align with their goals and preferences.

3.1

### **Skill Building**

Participants experience growth, building mental resilience, essential skills, and a positive mindset.

**Empowerment** 

Participants engage in workshops on financial literacy, career goals, or entrepreneurship, based on their age.

3.3

# **Community Participation**

Participants plan, run, and participate in community advocacy, wellness, or sports activities.

Graduation

The final stage marks the programs end, celebrating participants' growth and accomplishments

05

## **Ongoing Support**

Participants can choose to continue the project with personalised 1:1 support.

Scan here to register





