

# Aged Care Services

## Supporting your loved ones

### About us

Western Sydney MRC is an organisation supporting individuals and communities to be socially connected, empowered and informed. We celebrate diversity and everyone is welcome here.



## About our services

Western Sydney MRC has the following programs funded by the Department of Health for people over 65 who have been assessed by MyAged Care. Our programs cater for the culturally and linguistically diverse community in the Liverpool and Fairfield area.

### ■ Centre-based Respite

We offer structured group activities where you can make friends and learn new skills such as painting and learning how to use the internet.

### ■ Flexible Respite

We provide support in the home to provide carers respite from their caring responsibilities. This can be short-term, one off support or ongoing.

### ■ CVS

CVS aims to enrich the quality of life of older people who have been identified as being lonely or socially isolated and might benefit from having a regular volunteer to provide friendship and companionship.

## Contact us

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