

CASE STUDY TWO

The lives behind the numbers powered by community



It takes
a community

Domestic Violence, Resilience and a New Beginning

Jacqueline* arrived at the MRC in mid-2019, married with a two-year-old daughter. She explained she is on a spouse visa, with no other family. She began to disclose to our caseworker that she was experiencing Domestic Violence. Many aspects of their relationship were abusive from the sole control of finances to physical and emotional abuse.

When she approached the Western Sydney MRC caseworker, she thought it is her fault that her husband was violent towards her and that she tried her best to be a better wife. She didn't have a bank account or access to any finances.

The caseworker began by explaining domestic violence cycles.

Over several sessions, Jacqueline was educated about domestic violence and provided with services and resources. It took time for Jacqueline to decide that she wanted to leave her husband. Jacqueline began to build her understanding of other places in Australia, exploring new areas for potential living and creating a new life for herself and children.

After receiving support across a range of relevant services and navigating other services by herself, she managed on her own to apply for a two-year AVO. She has learned to drive, bought a car, and more recently decided to move to another city to start a new life. She is planning to improve her English and study in University.

*Name has been changed

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