

Taking the Pulse of South West Sydney CALD communities

Vaccination is driven by access, messaging and digital literacy as opposed to just hesitancy. The primary barriers noted by the communities were Access (20%), Lack of multilingual messaging (20%), Age group appropriateness (19%) and Lack of digital literacy (18%).

Clarity on medical facts conveyed through trusted sources and in languages that were familiar to the communities is the need of the hour to increase uptake.

Providing vaccinations in locations with geographic proximity as well as offered in partnership with local CALD specific organisations can address some of these barriers faced by the communities.

5 service areas



Mental Health & Wellbeing



Families



Employment



Aged Care



Social Cohesion

RECOMMENDATIONS

Mental Health and Wellbeing



Strategy

Develop public health campaigns and wellbeing infrastructure in partnership with trusted local community-based organisations

Practical Initiatives

1. Bring vaccines and messaging around vaccines to the local community versus community seeking them out (e.g. Mobile/Outreach vaccination drives for CALD elderly, LGA based Youth vaccination workshops).
2. Set up specialised services for vulnerable CALD communities with shorter waiting periods (e.g. psychiatrists' appointments for refugees).
3. Fund trauma informed and culturally competent telehealth so that refugee and migrant communities can manage their wellbeing whilst navigating public health orders.
4. Invest in capacity building of frontline staff in non-clinical mental health support (e.g. managing mental health hotlines, stress and anxiety support groups).
5. Popup supports for clinical and non-clinical mental health services at no cost to vulnerable CALD community groups (e.g. children, youth, families and sole parents and singles).

The full pulse survey report is available on our website:
wsmrc.org.au/covid-19-pulse-report

HEAD OFFICE 108 Moore Street, Liverpool, NSW 2170. info@wsmrc.org.au 02 8778 1200

SETTLEMENT SUPPORT - FAMILY PROGRAMS - YOUTH INITIATIVES - AGED CARE - DISABILITY SUPPORT - COMMUNITY CAPACITY BUILDING - ADVOCACY AND RESEARCH

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