

# Sing & Grow

## Playgroup and Parenting sessions

Sing & Grow is a music therapy program providing services for children aged 1-6 years old and their families. Our programs focus on strengthening family relationships, supporting parents to understand their children's development, and encouraging learning through music and sharing traditional and non-traditional children's songs.



## About Sing&Grow

### Thinking Skills

Staying on task, increasing attention span, problem solving, following instructions, understanding and practising new concepts.

### Physical Skills

Gross and fine motor skills, body awareness, coordination e.g. using both hands together.

### Communication Skills

Verbal and nonverbal self-expression e.g. singing, making animal sounds, pointing, looking, and waving.

### Social Skills

Sharing, turn-taking, sitting and waiting. This can help prepare children for kindy and school.

### Language, Literacy & Numeracy

Learning new words and their meanings, counting, and following patterns.

### Enrol Today

Join us in our Sing&Grow session, please contact us to confirm your space.

### Monday 5th of September to Monday 14th of November

Liverpool City Library,  
170 George Street,  
Liverpool NSW 2170  
10.30am - 12.30pm

## Contact us

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